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FY 2019 Annual Report

October 1, 2018 ~ September 30, 2019
*Serving People With Intellectual and / or
 Other Developmental Disabilities*



Vision Statement

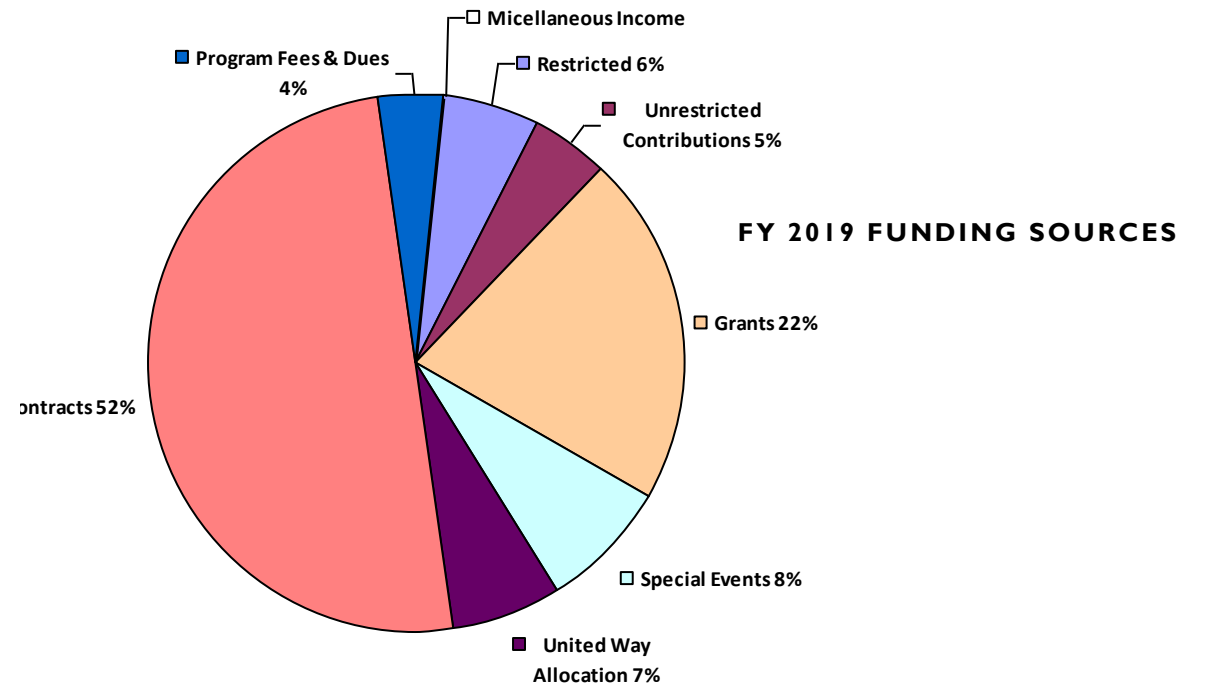
The Arc of Calhoun and Cleburne Counties is a visible, well-known resource that serves individuals with ID/DD and their families and networks with other agencies.

Mission Statement

The Mission of The Arc of Calhoun and Cleburne Counties is to serve individuals with ID/DD and their families through support, education, advocacy, and public awareness so that they can reach their chosen goals.

Affiliations

The Arc of Calhoun and Cleburne Counties is an affiliate of The Arc of Alabama, The Arc of the United States, the Alabama Association of Non-Profits, the United Way of East Central Alabama and has received the Standards for Excellence Accreditation.



Day Camps - Students

- ◆ Conducted four summer day camps for children ages 5-21 with developmental disabilities, autism and/or speech and language delays. Thirty-five students were served in each of a June and July session, totaling 90 campers. (See following)

Knights' Camp/Camp United

- ◆ Conducted a two-week camp attended by prevocational students and students with multi-disabilities which included sports training, crafts, music therapy, swimming, field trips, and transportation.

Language Camp

- ◆ Conducted a two-week camp for school-aged children in language and communication therapy during the prior school year to include speech therapy, music therapy, sports training, crafts, field trips, disability awareness training, swimming, music, and transportation.

Camp Spectra I and II

- ◆ Conducted two separate two-week camps for children with autism which included learning activities, socialization, skills training, crafts, music therapy, field trips, swimming, and transportation.

Training & Recreation

- ◆ Co-sponsored a one-week day camp for 21 adults with the Anniston Parks and Recreation Department's Therapeutic Recreation program.
- ◆ Provided 362 hours of art instruction for adults with intellectual disabilities. The average attendance of these weekly classes totaled 12. They also participated in art related field trips.
- ◆ Co-sponsored the adult recreation program "Stepping Out" for a total of 89 participants in four groups with the Anniston Parks and Recreation Department (PARD) and provided a driver/aide to these Tuesday night events.
- ◆ Through "A League of Our Own," a joint effort with the City of Oxford Parks and Recreation Department, UCP of East Central Alabama, Alabama Department of Rehabilitation Services, and other local agencies and area business sponsors, provided a six-week softball program for 189 children with physical and cognitive disabilities.
- ◆ Supported "Fit Friends," a monthly nutrition

and exercise program for adults with I/DD with an average attendance of 6 consumers in attendance.

- ◆ Supported the local chapter of the People First self-advocate group. The People First of Calhoun and Cleburne Counties currently has a membership of 23, self-advocates whose goal it is to better the community and themselves through volunteerism and education.
- ◆ Held three supper dances, with the assistance of Anniston PARD, Anniston Civitan and Ladies of the Moose, serving an average of 125 adults with intellectual disabilities.
- ◆ Provided a driver/aide to the Anniston PARD fitness program for adults, serving 17 weekly.
- ◆ Held a fashion show featuring 23 models with I/DD with clothes provided by Dillard's and the Dress Barn
- ◆ Helped plan and run the Kids Fishing Tournament for a total of 246 prevocational high, middle and elementary school students in Calhoun and Cleburne Counties.
- ◆ Held Christmas parties for 80 high school and 62 elementary school prevocational students, plus their teachers and aides (total of 53 adults).
- ◆ Assisted with Anniston PARD's Christmas party (attendance 120) and News Years Party (75) for adults with developmental disabilities.
- ◆ Coordinated Special Olympics events for Calhoun and Cleburne Counties (See following).

Special Olympics

Athletics

- ◆ Held an athletics competition in April for 163 elementary and high school students at Piedmont High School. (Assisted by the Piedmont City employees, and the faculty and staff of the Piedmont school system and civic groups and volunteers.)

Basketball

- ◆ Sponsored monthly training sessions for 57 high school students and 22 adults.
- ◆ Provided a driver/assistant coach for Anniston Parks and Recreation's Anniston Starz Special Olympics Team.

Bocce

- ◆ Sponsored monthly training sessions for 56 high school students and 22 adults.

Bowling

- ◆ Co-sponsored a winter league for 35 adult bowlers and a summer league for 50 adult bowlers

with Anniston Parks and Recreation Department.

- ◆ Continued a monthly bowling program for 56 prevocational students and 24 adults.

Swimming

- ◆ Made possible weekly swim classes for 39 prevocational high school students.

Volleyball

- ◆ Provided a driver/assistant coach for Anniston Parks and Recreation's Anniston Starz' seven member Special Olympics Team.

Stand Up Paddle Boarding

- ◆ Continued to operate the only Special Olympics Stand Up Paddle boarding team in Alabama. The first team consisted of six SO athletes, four Unified Athletes and two coaches.

State Games

- ◆ Sent a delegation of 45 athletes and coaches from our coverage area to the Special Olympics Alabama State Games in May for bocce, bowling, stand up paddle boarding and athletics competitions

Family Advocacy

- ◆ Assisted a caseload of 137 consumers and/or family members in making life transitions in such areas as housing, educational and/or vocational placement. A total of 2514 contacts were made for/with consumers.
- ◆ Counseled and referred parents of a school-aged student for assistance with educational issues, behavioral concerns and respite care.
- ◆ Continued the Life Skills and Work Readiness program for middle school, high school and self-advocates from the community and group homes, serving an average of 43 individuals per class. (843 total contact hours) Two members also participate in a paper shredding training program.
- ◆ Continued a gardening class to teach adults with I/DD self supportive skills. This program served 32 individuals with an average attendance of 12 per class.
- ◆ Sponsored a support group for parents of children with disabilities. Attended regularly by family members/caregivers of individuals with I/DD in addition to guests and other visitors.

- ◆ Produced the "Lip Sync Battle" a fundraiser on behalf of The Arc which saw eight community groups compete for prizes and raise funds. Over 175 people attended the event, which also featured volunteers and performers from The Arc's self-advocate and support group.
- ◆ Presented information concerning I/DD at Schools, civic groups, and through the local media. Participated in community service fairs and public displays.
- ◆ Worked Tuesday mornings during the school year with four to 11 members of Anniston Middle School's self-contained class as part of the Public Education Foundation's Class Act, teaching them anti-bullying and self-advocacy skills.
- ◆ Presented 12 awards to groups/individuals who made significant contributions to the I/DD in 2017 at an annual meeting attended by 310 agency staff, board, service providers, consumers and their families.
- ◆ Offered the educational "Kids on the Block" puppet program on developmental disabilities and social concerns to audience members including K-6th graders in school systems and community groups throughout Calhoun and Cleburne Counties, plus their teachers/instructors.
- ◆ Provided Christmas and other assistance to 12 consumers and/or families.
- ◆ Responded to state and national Arc legislative alerts. Participated in "Spread the Word to End the Word" and I/DD Awareness Month Activities.
- ◆ Maintained a website, Facebook, and Twitter accounts for outreach and information.

Affiliations and Memberships

- ◆ The Arc-US; The Arc of Alabama; Alabama Conference of Arc Executives; the United Way of East Central Alabama; the Greater Calhoun County Area Governor's Committee on the Employment of People with Disabilities; the Calhoun County Human Services Council; A League of Our Own; Cleburne County Health and Nutrition Board; the Highland Health System Board's Human Rights Committee; the Calhoun County Interagency Transitional Committee; People First of Alabama; Alabama Respite Task Force; the Calhoun County Chamber of Commerce; The Cleburne County Chamber of Commerce and the Alabama Association of Non-Profits.
- ◆ Continued compliance with the the Standards for Excellence Accreditation

